



NEWS

FOR IMMEDIATE RELEASE

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MAMSI Partners with Multi-Plan: Health Plan Members Gain Access to National Network

Rockville, Md. -- Mid Atlantic Medical Services, Inc. (MAMSI) (MME-NYSE), one of the mid-Atlantic region's largest health services companies, today announced it has signed an agreement with MultiPlan, one of the largest preferred provider organizations in the nation. Beginning July 1, 2001, MAMSI Life and Health Insurance Company members and Alliance PPO, LLC participants living and working outside the mid-Atlantic region will have access to MultiPlan's national network of physicians, practitioners and facilities on a discounted fee-for-service basis.

Employers based in the Mid-Atlantic region often have employees who live or work outside the region. These employers are looking for a health plan that can service all their employees.

"Many employers have asked us to complement our strong regional presence with a national network," said Mark D. Groban, M.D., MAMSI's Chairman of the Board. "Now, more employers and their employees will be able to take advantage of our varied product line and enjoy our superior customer service. This new step helps to solidify our regional franchise and strengthen our reliable growth strategy."

MultiPlan's network currently includes more than 3,000 acute care hospitals, more than 47,000 ancillary facilities and more than 350,000 practitioners. It serves all 50 states, the District of Columbia and Puerto Rico. The MultiPlan networks are easily accessible. MAMSI health plan members with access to MultiPlan's network will be able to locate a physician, practitioner or facility on MAMSI's Web site, www.mamsi.com.

"In today's marketplace, employers are looking for access to a national network of well-qualified physicians, practitioners and facilities," Joseph Berardo, Jr. Multiplan's Executive Vice President, Chief Marketing Officer, remarked. "MultiPlan is pleased to partner with MAMSI to offer this service to employers located in the mid-Atlantic region."

MultiPlan, founded in 1970 as a New York hospital network, has grown to become a national network of health care providers and institutions supporting over 1,200 clients and 25 million members.

MAMSI's health plans operate in Maryland, Virginia, North Carolina, Pennsylvania, West Virginia, Delaware and Washington, D.C. and cover about 1.8 million lives.

Note 1: Safe Harbor Statement under the Private Securities Litigation Reform Act of 1995: All forward-looking information or statements contained in this release, including expectations regarding future or continued performance, are based on management's current knowledge of factors, all with inherent risks and uncertainties, affecting MAMSI's business. MAMSI's actual results may differ materially if these assumptions prove invalid. Significant risk factors, while not all-inclusive, are: the possibility of increasing price competition in the Company's service area; the possibility that the Company is not able to increase its market share at the anticipated premium rates; the possibility of increased litigation, legislation or regulation that might increase regulatory oversight which, in turn, would have the potential for increased costs; the potential for increased medical expenses due to increased utilization by the Company's membership, increased practitioner and pharmaceutical costs, and Federal or state mandates that increase benefits or limit the Company's oversight ability; and the possibility that the Company is not able to negotiate new or renewal contracts with appropriate physicians, other health care practitioners, hospitals and facilities. Investors should review other risks and uncertainties contained in Company documents filed with the Securities and Exchange Commission.

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