



NEWS

FOR IMMEDIATE RELEASE

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FOR MORE INFORMATION:

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MAMSI Appoints Associate Medical Director for West Virginia

Charleston, W. Va. – Mid Atlantic Medical Services, Inc. (MAMSI) (NYSE: MME) announced today that James Bennett, M.D. has joined MAMSI as the Associate Medical Director for its health plans in West Virginia. These include MAMSI Life and Health Insurance Company and Optimum Choice, Inc®.

"Dr. Bennett possesses comprehensive clinical knowledge and experience - particularly in family and community medicine," said Mark D. Groban, M.D., MAMSI's Chairman. "He shares the Company's commitment to providing excellent service to our health plan members and physician partners."

Dr. Bennett is board certified in family medicine and has been practicing for over 13 years. During his career, he served as the Medical Director of the Lincoln Primary Care Center in Hamlin, West Virginia and as the Associate Professor in the Department of Family and Community Medicine at Marshall University simultaneously. In addition, Dr. Bennett currently operates a private practice specializing in family medicine in West Virginia.

Dr. Bennett earned his bachelor's degree from Morris Harvey College in West Virginia and his master's degree in biomedical science from Marshall University. He attended the Marshall University School of Medicine in West Virginia and completed his residency in General Surgery and Family Practice at Marshall University Affiliated Hospitals.

MAMSI is one of the mid-Atlantic region's largest health services companies with subsidiaries covering over 1.8 million lives in Maryland, Washington, D.C., Delaware, Pennsylvania, North Carolina and West Virginia. For more information about MAMSI, visit www.mamsi.com.

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