



NEWS

FOR IMMEDIATE RELEASE

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FOR MORE INFORMATION:

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MAMSI to Speak at Salomon Smith Barney Health Care Conference

Rockville, Md. – Mid Atlantic Medical Services, Inc. (MAMSI) (NYSE: MME) announced today that Mark D. Groban, M.D., the Company's Chairman, will speak at the Salomon Smith Barney Health Care 2001 Conference on Monday, October 29, 2001 at 3:30 p.m. (EST). The conference will be held at the Plaza Hotel in New York.

Interested parties are invited to listen to the live presentation on MAMSI's Web site, www.mamsi.com, or <http://www.veracast.com/clientaccess/ssb/healthcare-2001/54114335.cfm>. The Web cast will be available for 30 days after the presentation.

MAMSI is one of the mid-Atlantic region's largest health services companies with subsidiaries covering over 1.8 million lives in Maryland, Washington, D.C., Virginia, Delaware, North Carolina, Pennsylvania and West Virginia. For more information about MAMSI, visit www.mamsi.com.

Individuals who listen to the conference are presumed to have read MAMSI's Annual Report on Form 10K for the year ended December 31, 2000 and Quarterly Report on Form 10Q for the periods ended March 31, 2001 and June 30, 2001, including the discussion under the captions "Business – Cautionary Statement Regarding Forward Statements" therein.

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