



# NEWS

**FOR IMMEDIATE RELEASE**  
**November 21, 2001**

**FOR MORE INFORMATION:**  
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## **MAMSI HMOs Receive 2001 Wyeth HERA AWARD**

**Rockville, Md.** -- Mid Atlantic Medical Services, Inc. (MAMSI) (NYSE: MME), one of the mid-Atlantic region's largest health services companies, today announced that its two largest HMOs – MD-Individual Practice Association, Inc. (M.D. IPA) and Optimum Choice, Inc.® (OCI) – were awarded the Wyeth HERA Honorable Mention Award for their Adolescent Hepatitis B Immunization Program at the National Managed Health Care Congress (NMHCC). An Honorable Mention has only been awarded twice in the six-year history of the Wyeth HERA AWARD.

The Wyeth HERA AWARD recognizes the contributions and commitment of organizations and groups that implement programs covering a wide array of women's and children's health issues, including pediatric asthma, osteoporosis identification, prenatal care, immunization and breast health. The 2001 Wyeth HERA AWARD winners are awarded in two categories: health plans and providers.

The Adolescent Hepatitis B Immunization Program was developed to improve the rate of Hepatitis B immunization among adolescents. This initiative contacts parents of approximately 8,000 adolescents each year to remind them of the importance of immunization. The program has shown significant improvement in the rates of adolescent Hepatitis B immunization since its inception. For example, the rates have increased from 10.44 percent in 1997 to 40.6 percent in 2000 for 13-year-old M.D. IPA members and from 10.44 percent in 1997 to 38 percent in 2000 for 13-year-old OCI members.

“The Wyeth HERA Honorable Mention Award demonstrates our commitment to bringing our members access to quality health care,” said Mark D. Groban, M.D., Chairman of the Board. “We will continue to focus on quality initiatives, excellent customer service and ensuring that our members have access to a comprehensive network of dedicated physicians.”

MAMSI is one of the mid-Atlantic region's largest health services companies with subsidiaries covering over 1.8 million lives in Maryland, Washington, D.C., Virginia, Delaware, North Carolina, Pennsylvania and West Virginia. For more information about MAMSI, visit [www.mamsi.com](http://www.mamsi.com).

**Note 1:** Safe Harbor Statement under the Private Securities Litigation Reform Act of 1995: All forward-looking information or statements contained in this release, including expectations regarding future or continued performance, are based on management's current knowledge of factors, all with inherent risks and uncertainties, affecting MAMSI's business. MAMSI's actual results may differ materially if these assumptions prove invalid. Significant risk factors, while not all-inclusive, are: the possibility of increasing price competition in the Company's marketplace; the possibility that the Company is not able to increase its market share at the anticipated premium rate; the possibility of increased litigation, legislation or regulation that might increase regulatory oversight which, in turn, would have the potential for increased costs; the possibility of increased medical expenses due to increased utilization, inflation or legislative mandates; and the possibility that the Company is not able to negotiate new or renewal contracts with appropriate physicians and health care practitioners. Investors should review other risks and uncertainties contained in Company documents filed with the Securities and Exchange Commission.

**Note 2:** MAMSI is a regional holding company for health care organizations that provides comprehensive health insurance products and services including: three health maintenance organizations, MD-Individual Practice Association, Inc. (M.D. IPA), Optimum Choice, Inc.® (OCI) and Optimum Choice of the Carolinas, Inc. (OCCI); a preferred provider organization, Alliance PPO, LLC; a life and health insurance company, MAMSI Life and Health Insurance Company (MLH); and home care companies such as HomeCall, Inc., FirstCall, Inc., and HomeCall Pharmaceutical Services, Inc.