



NEWS

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Valley Health Plan Joins MAMSI

Agreement Significantly Increases Physicians Available to MAMSI Health Plans' Members

Rockville, Md. -- Mid Atlantic Medical Services, Inc. (MAMSI) (NYSE:MME), one of the mid-Atlantic region's largest health services companies, today announced that they have added Valley Health Plan to their network in the Commonwealth of Virginia, effective March 1, 2003. The addition of Valley Health Plan – a physician hospital organization in the Central Shenandoah Valley with active network operations – significantly increases the number of primary care physicians and specialty physicians available to MAMSI health plan members in the area. The terms of the agreement were not disclosed.

“The addition of Valley Health Plan demonstrates our commitment to giving our health plan members access to a comprehensive network of physicians, health care practitioners and facilities as well as affordable health care coverage backed by outstanding customer service,” said Mark D. Groban, M.D., MAMSI Chairman of the Board. “This step will enhance our ability to penetrate the market and expand our position in this region,” he adds.

Valley Health Plan is anchored by Rockingham Memorial Hospital with over 375 physicians and health care practitioners. The physicians and health care practitioners associated with Valley Health Plan are located in Augusta, Rockingham and Shenandoah Counties, including the cities of Harrisonburg, Staunton and Waynesboro.

“We are pleased to partner with MAMSI health plans,” says John Taylor, CEO of Valley Health Plans. “I am looking forward to working with MAMSI. Together, we will provide more health insurance options to consumers in the Shenandoah Valley.”

MAMSI is a regional holding company with subsidiaries covering over 1.9 million lives in Maryland, Washington, D.C., Virginia, Delaware, North Carolina, Pennsylvania and West Virginia. Its health plans in the Commonwealth of Virginia include MAMSI Life and Health Insurance Company (MLH), MD-Individual Practice Association, Inc. (M.D. IPA), Optimum Choice, Inc. (OCI) and Alliance PPO, LLC (Alliance). For more information about MAMSI, visit www.mamsi.com.

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