



NEWS

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MAMSI Health Plans Announces Expansion in Virginia
HMO licensure is approved; more options available to consumers

Rockville, Md. -- Mid Atlantic Medical Services, Inc. (MAMSI) (NYSE:MME), one of the mid-Atlantic region's largest health services companies, today announced that the Virginia Department of Health has given approval to expand the service area for its two largest HMOs – MD-Individual Practice Association, Inc. (M.D. IPA) and Optimum Choice, Inc. (OCI) – to the City of Harrisonburg, Rockingham County and Fluvanna County. The service expansion approval allows M.D. IPA and OCI to offer access to quality, affordable service to individuals living and working in the Shenandoah Valley. It will also expand access to quality health care in the Charlottesville area.

“With more than 1,200 physicians and health care practitioners participating with M.D. IPA and OCI in these regions, consumers will have access to a comprehensive health care network, at an affordable cost,” said Mark D. Groban, M.D., MAMSI Chairman of the Board.

MAMSI is a regional holding company with subsidiaries covering more than 1.9 million lives in Maryland, Washington, D.C., Virginia, Delaware, North Carolina, Pennsylvania and West Virginia. Its health plans in the Commonwealth of Virginia include MAMSI Life and Health Insurance Company (MLH), MD-Individual Practice Association, Inc. (M.D. IPA), Optimum Choice, Inc. (OCI) and Alliance PPO, LLC (Alliance). For more information about MAMSI, visit www.mamsi.com.

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