



NEWS

FOR IMMEDIATE RELEASE

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FOR MORE INFORMATION:

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MAMSI's Health Plans in North Carolina Renew Contract with WakeMed

Research Triangle Park, NC – Mid Atlantic Medical Services, Inc. (MAMSI) (NYSE: MME), one of the mid-Atlantic region's largest health services companies, today announced that it has renewed its contract, effective February 1, 2002, with WakeMed. Members and participants of MAMSI's health plans in North Carolina – Optimum Choice of the Carolinas, Inc. (OCCI), MAMSI Life and Health Insurance Company (MLH) and Alliance PPO, LLC (Alliance) – can continue to use the physicians, health care practitioners and facilities affiliated with WakeMed. Terms of the agreement were not disclosed.

WakeMed is a 752-bed, private, not-for-profit health care system based in Raleigh, N.C. Its team of 5,000 nurses, technologists and medical support staff works with over 900 affiliated physicians at eight locations across Wake County, including: a tertiary care facility, a community hospital, two skilled nursing facilities and four outpatient service centers to provide health care to families in the Triangle Region and eastern North Carolina.

MAMSI is one of the mid-Atlantic region's largest health services companies with subsidiaries covering over 1.9 million lives in Maryland, Washington, D.C., Virginia, Delaware, North Carolina, Pennsylvania and West Virginia. For more information about MAMSI, visit www.mamsi.com.

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