

NEWS RELEASE



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(For Immediate Release)

GARY SIMMONS HEADS PROVIDER RELATIONS DEPARTMENT

ROCKVILLE, MD (July 8, 2004) – Mid Atlantic Medical Services, LLC (MAMSI) today announced that Gary Simmons has been named the new senior vice president of the Provider Relations Department for MAMSI Health Plans and UnitedHealthcare of the Mid-Atlantic. As senior vice president of Provider Relations, he is responsible for MAMSI Health Plans' and UnitedHealthcare of the Mid-Atlantic's outreach to physicians, health care practitioners and facilities, including training and recruitment as well as negotiating and maintaining contracts.

“Our partnership with physicians, health care practitioners and facilities enables us to bring our customers access to affordable, quality health care,” said Mark Groban, M.D., MAMSI chairman. “Gary has the knowledge and skills needed to further this partnership and at the same time help us maintain affordable premiums while fairly reimbursing for professional services.”

Simmons comes to MAMSI and UnitedHealthcare of the Mid-Atlantic with more than 25 years of experience in health care management. In addition to heading up provider relations departments for other health plans, Simmons has also directed the acquisition of three managed care companies, and the successful financial turnaround of three managed care companies.

MAMSI's health plans include MAMSI Life and Health Insurance Company (MLH), MD-Individual Practice Association, Inc. (M.D. IPA), Optimum Choice, Inc. (OCI) and Alliance PPO, LLC (Alliance). For more information about MAMSI, visit www.mamsi.com. For more information about UnitedHealthcare, visit www.unitedhealthcare.com.

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