



**FOR IMMEDIATE RELEASE**

**December 12, 2001**

**MAMSI Contact:  
Sonora Cummings 301-545-5982  
CPHO Contact:  
Debra O'Connell 540-829-5774**

**MAMSI and Culpeper Physician Hospital Organization, Inc. Announce New Agreement:  
MAMSI Increases Presence in Virginia**

**Rockville, MD --** Mid Atlantic Medical Services, Inc. (MAMSI) (NYSE:MME) and Culpeper Physician Hospital Organization, Inc. (Culpeper PHO) announced today that they have entered into an agreement. The physicians, health care practitioners and facilities associated with Culpeper PHO now participate with MAMSI's health plans, increasing the number of physicians, health care practitioners and facilities available to MAMSI health plan members in Virginia. The terms of the agreement were not disclosed.

"At MAMSI health plans, we are committed to giving our members access to a large network of highly qualified physicians, health care practitioners and facilities," said Mark D. Groban, M.D., Chairman of the Board. "With this agreement, we will fulfill this commitment to our health plan members who reside in Culpeper and its surrounding communities."

The Culpeper PHO includes Culpeper Regional Hospital and a comprehensive network of over 20 primary care physicians and 50 specialists as well as a full range of allied health practitioners. Culpeper Regional Hospital and its affiliated facilities provide 24-hour emergency services and state-of-the-art acute inpatient care including general medical, surgical, pediatric, and intensive care services. Other facility-based health care services include family-centered maternity services, outpatient surgery, inpatient and outpatient psychiatric and substance abuse treatment, comprehensive medical imaging and laboratory services, physical and cardiovascular-pulmonary rehabilitation, home health services and hospice care. Culpeper PHO serves Culpeper, Madison, Orange, Rappahannock and southern Fauquier counties. For more information about Culpeper PHO, visit [www.cpho.org](http://www.cpho.org) and [www.culpeperhospital.com](http://www.culpeperhospital.com).

"With this new agreement, more people in our community will be better served than ever before," said Mark B. Gloudeman, M.D., Chairman, CPHO Board of Directors. "This agreement now allows us to deliver quality care to persons residing in Culpeper and our surrounding communities who presently are covered by a MAMSI health plan."

MAMSI is one of the Mid-Atlantic region's largest health services companies with subsidiaries covering over 1.8 million lives in Maryland, Washington, D.C., Delaware, North Carolina, Pennsylvania and West Virginia. Its health plans in Virginia include Alliance PPO, LLC (Alliance), MAMSI Life and Health Insurance Company (MLH), MD-Individual Practice Association, Inc. (M.D. IPA) and Optimum Choice, Inc.® (OCI). For more information about MAMSI, visit [www.mamsi.com](http://www.mamsi.com).

###